

Pelvic Ultrasound Preparation

- Eat all meals as usual on the day of the exam
- Take all medications that you generally take, including fluid pills
- You must have a full bladder when you arrive at the clinic. Make sure you drink (4) 8 ounce glasses (960 ml total) of fluid (water, juice or soda) 75 minutes before the exam and **don't urinate**.
- Do not empty your bladder prior to having this exam (bladder must be full)



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