

# Pregnancy/Obstetrical Ultrasound Preparation

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- You do NOT need to fast for this exam (eat all meals as usual on the day of the exam)
- Take all medications as usual
- You must have a full bladder when you arrive at the clinic. Make sure you drink ( 4 ) 8 ounce glasses (960 ml total) of fluid (water, juice or soda ) 75 minutes before the exam and **don't urinate.**
- Do not empty your bladder prior to having this exam (bladder must be full)



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